



Tennis

Whether you want to experience tennis for the first time or just improve your game, the Albany Parks and Recreation Department has a tennis class for you! We are fortunate to have Jay Clark as our instructor. Jay is a highly respected player and teacher whose enthusiasm for the game shines through as his students conquer new skills and develop a love for tennis. Lessons are provided at the Albany Tennis Club located at 1423 17th Ave SW in West Albany. Rackets are available upon request! Check our website at www.albanyparksandrecreation.org/sports for detailed information.

TENNIS FOR BEGINNERS (14+)

This beginning/intermediate tennis class (ages 14 +) will provide one last chance to work on your game while the weather is nice. These coed classes include 6 sessions at the Albany Tennis Club located at 1423 27th Ave SW.

Tu/Th 5:30 - 6:50 pm 9/8 - 9/24
\$36 in city/ \$42 out of city

TENNIS FOR BEGINNERS (10-13)

Be introduced to the basics of playing tennis including grips, ground stroke, positioning, and game strategy. Play with kids your own age in this class designed for the beginning student (ages 10 - 13).

M/W 5:30 - 6:50 pm 9/7 - 9/23
\$36 in city/ \$42 out of city



Volleyball

CO-ED FALL VOLLEYBALL LEAGUE

These 3 women/3 men teams play on Sunday evenings at area gyms. Games will start the first week of October and run through mid-December. Registration deadline will be Friday September 25. We anticipate playing coed games on Sunday evenings. Check our website at www.albanyparksandrecreation.org/sports for detailed information. Team fees will be \$250.

OPEN GYM VOLLEYBALL

Sunday night open gym is a great chance to play in a drop-in setting. Cost is \$3 per night (\$2 per night if prepaid with a punch card). Contact the office at 541-917-7777 for information on punch cards. Open Gym will be Sundays at the Albany Boys and Girls Club (1215 Hill St) 6:30-9:30 pm. Play begins approximately Sunday, September 9. Check our website at www.albanyparksandrecreation.org/sports for updates on open gym dates and times. Due to other events and holidays, there will be a few Sundays throughout the year that will not be scheduled for open gym.

Recreational Sports

Basketball

MEN'S FALL BASKETBALL LEAGUES (5-ON5)

Games are played on Saturday's early October through mid-December. The registration deadline will be Wednesday September 16. Detailed information and sign up will be available beginning Monday, September 7. Team fees will be \$645. Check our website at www.albanyparksandrecreation.org/sports for detailed information.

SATURDAY WINTER BASKETBALL LEAGUE (5-ON-5)

Games are held on Saturdays from mid-January through mid March. Detailed information will be available online at www.albanyparksandrecreation.org/sports on December 1.

SUNDAY NIGHT OPEN GYM (MEN, WOMEN, AND COED)

Join us on Sunday evenings for drop in volleyball and basketball. Open Gym will be held at the Albany Boys and Girls Club located at 1215 Hill St. from 6:30-9:30 pm every Sunday evening through the fall and winter season. Sunday night open gym is a great chance to play in a drop-in setting. Cost is \$3 per night (\$2 per night if prepaid with a punch card). Contact the office at 541-917-7777 for information on punch cards. Play begins approximately Sunday, September 6. Check our website at www.albanyparksandrecreation.org/sports for updates on open gym dates and times. Due to other events and holidays, there will be a few Sundays throughout the year that will not be scheduled for open gym.



Golf

Learn to play golf or just firm up your game! Albany Parks and Recreation and Trysting Tree Golf Club Pro Bob Janes have teamed up to help you improve your game this spring. Trysting Tree Golf Club is located at Highway 34 and Electric Road just east of Corvallis. Golf clubs and balls are provided. Each session is \$65 if you live in the cities of Albany or Lebanon or \$70 if you live outside these cities. Please register at the Albany Parks and Recreation office.

BEGINNING GOLF CLASS (ADULT) - TRYSTING TREE

Skills taught include grip, set-up, full swing, putting, and chipping.

Session 4/2009
Sept 1, 2, 8, 9, 10 6:15 - 7 pm

INTERMEDIATE GOLF CLASS (ADULT) - TRYSTING TREE

Skills taught include grip, set-up, full swing, pitching, sand play, and putting. Along with these fundamentals, you will also learn how to correct your slices and hooks.

Session 3/2009
Sept 15, 16, 22, 23, 24 6:15 - 7 pm

RECREATIONAL SPORTS